# Crowd Favourite Cold Sandwiches  $7.50 each

Shaved Ham and Swiss on a Bun, Maple mayo,
lettuce and tomato.

Shaved Ham on a Bun with Honey Mustard Mayo, lettuce, tomato

Shaved Roast Beef on whole wheat bread with ranch dressing and white
cheddar, lettuce and tomato.

Shaved Roast Beef on whole wheat bread with mustard and horseradish butter,
lettuce and tomato.

Warm Montreal Smoked Meat on whole wheat bread with honey-mustard
mayo, lettuce and tomato.

Roasted Chicken and Caesar Salad wrap

Italian Cold Cuts, with balsamic aoli, sliced tomato and lettuce, on a sausage
bun.

Sliced Turkey on Baguette with herb mayo, cucmber, lettuce

Jerk Chicken wrap with julienned peppers and lettuce- mild

Tuna Salad Wrap- tuna salad made with chunk light tuna, green onion,
seasoned mayonnaise, cucumber strips, and greens.

Roasted Chicken, Goat Cheese, and Sundried Cranberry wrap, mayo, lettuce and
tomato.

Vegan Wrap- mixed legume medley, diced tomato and peppers, lettuce, spiced
cider vinaigrette dressing

## Salads

Green Salad, The lettuce and veg
may change a bit with the time of
year. Usually peppers, tomatoes, and
cucmbers. $ 5 per person

Caesar Salad, our own recipe, plus
crisp romaine, croutons, and
parmesan cheese. $6 per person,

with bacon $1 surcharge

Pasta Salad, tri color pasta, julienne
veg and sundried tomatoes, tossed
with balsamic dressing, Asiago cheese
on top. $6 per person

Potato Salad, mildly dressed with
Chef-made dressing, tossed with
finely chopped green onion and
celery. Hard boiled egg on request.

## Soups

$5.50 each

*Roasted Beef and Vegetable
*Beef Chili
*Smokey Ham, or (Roast Chicken)
and Corn Chowder
*Chicken Fricot
*Tuscan Chicken
*Chicken and Vegetable with brown
rice, a touch of curry
*Roasted Root Vegetable Bisque
*Roasted Bell Pepper and Tomato
Bisque
*Vegetarian Three Bean Chili
*Minestrone
*Haddock Chowder
*Salmon Chowder
*Clam Chowder

Lots more to offer!
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Inquire for more options,
506-210-2728